

Price List 2009



life medicine **DAS**
RESORT KURHAUS

Bad Gleichenberg

Information & Contact

life medicine RESORT

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life medicine INSTITUTE

THERAPY PACKAGES

	Duration in minutes	Price in EUR
Therapy daily rate		175

Incl. medical services (initial, intermediate and final examination along with health status report)

plus optionally:

Basic diagnostics, small		260
or Basic diagnostics, full		400

	Duration in minutes	Price in EUR
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THERAPIES, UNIT PRICES (groups – 5 or more participants)

Medical gymnastics – single	30	45
Medical gymnastics – single	60	90
Medical gymnastics – group	30	20
Hsin Tao – single	60	65
Hsin Tao – group	60	20
Nordic Walking – single	60	65
Nordic Walking – group	60	20
Respiratory exercises school – group	2 x 50	50
Respiratory exercises – single	30	45
Respiratory exercises – group	30	20
Dorsum exercises school – group	1 x 50	50
Spinal exercises – single	30	45
Spinal gymnastics – group	30	20
Circle training with personal trainer – single	2 x 45	98
Therapeutic spa – single	30	45
Therapeutic spa – group	30	20
Nutritional advise	60	60
Active cooking course – group		80
Mental coaching	60	120
Jakobsen muscle relaxation – single	30	45

	Duration in minutes	Price in EUR
Jakobsen muscle relaxation – group	30	20
Lymph drainage	30	35
Lymph drainage	60	55
Partial massage	15	20
Partial massage	30	35
Whole body massage	60	55
Connective tissue massage	20	30
Reflexology	30	30
Trigger point therapy	30	45
Tapotement massage	15	20
Acupressure massage	30	35
Dorn-Breuss massage	60	70
Dorn-Breuss massage	90	95
Dorn-Breuss massage	120	120
Saline inhalation	15	15
Medicated saline inhalation	15	15
Inhalation using ultrasound device	15	15
Spring saline inhalation in a cabin	15	15
Oxygen inhalation	15	15
Saline bath		35
UV irradiation		10
Treatment with salves and ointments		07
Moor suspension bath	15	25
Moor full bath	15	30
Carbon dioxide bath	15	25
Aerated bath with herbs	15	25
Underwater pressure stream massage	15	25
Moor large wrap	15	30
Moor small wrap	15	22
Parafango large wrap	15	30

	Duration in minutes	Price in EUR
Parafango small wrap	15	22
Direct current therapy	15	15
Iontophoresis therapy	15	15
Swell current therapy	15	15
Exponential current therapy	15	15
Electro-gymnastics	15	15
Diadynamic current/neodylator therapy	15	15
Shortwave/microwave therapy	15	15
Interferential current therapy	15	15
Ultra-stimulation current/ impulse controlled direct current therapy	15	15
Red/blue light therapy	15	15
Transcutaneous electrical nerve stimulation (TNS) therapy	15	15
Magnetic field therapy	15	15
Ultrasound therapy resp. phonophoresis	6	15
Dual chamber bath	15	15
Quadro chamber bath	15	15
Iontophoresis bath	15	25
Direct current therapy bath (Stanger bath)	15	25
Cryotherapy in chamber		30
Cryotherapy in chamber, block of 10 treatments		260
Cryogenic therapy	05	05

DIAGNOSTIC PACKAGES

BASIC DIAGNOSTICS 260

DIAGNOSTICS PLUS 1390

Diagnostic Examinations – Unit Prices

Anamnesis 180

Examination of the existing results by a specialist doctor, initial examination (body), blood pressure measurement, determination of aims and indicators, preparation of the therapy plan

Movement analysis by physiotherapist 45

	Price in EUR
Interim evaluation/results review by the specialist doctor	90
Medical consultations	100
Concluding review by the physiotherapist	45
Aims evaluation, indicator check, health report by the specialist doctor	90

Cardiologic Diagnostics

Resting ECG	40
Exercise ECG	160
24-hour ECG	50
Echocardiography (cardiac ultrasound)	150
24-hour blood pressure measurement	50

Pulmonologic Diagnostics

Full lung function	200
Spirometry, body-plethysmography + bronchospasmolysis o. unspecific provocation, blood gas analysis	
Bronchoscopy	250
Lung function (spirometry)	40

Laboratory Diagnostics

Blood coagulation (thrombo-test, quick test or TT (thrombin time))	10
Basic blood test	80
Full blood test	170
Allergy test (prick test)	75
Blood sugar day profile	15
Stool hemo test	10
PSA (prostate specific antigen) test	40
fT3/4 test (thyroid hormones)	25
H2 lactose intolerance test	50
H2 fructose intolerance test	50
Blood gas analysis (BGA) during exercise	50
Resting blood gas analysis (BGA)	20

Nutritional Diagnostics

Bio-impedance analysis (fat & muscle mass measurement)	50
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Vascular Diagnostics	Duration in minutes	Price in EUR
CCDC of carotids (Colour Doppler Sonography)		100
CCDC of peripheral vessels (Colour Doppler Sonography)		100
Doppler Sonography		50
Ultrasound Diagnostics		
Thyroid sonography		50
Upper abdominal sonography		150
Lower abdominal sonography		50
Endoscopic Examinations		
Colonoscopy		250
Gastroscopy		200
Gastroscopy and colonoscopy		400
Radiology – on request		
Bone density measurement (densitometry)		100
Fitness Check		
Fitness check with physician		260
Strength/muscle function test, coordination test/body fat measurement, vertebrae diagnostics, ergometry (cardiac stress test)		
Fitness check with sport therapist		132
Strength/muscle function test, coordination test/body fat measurement, vertebrae diagnostics		
Vertebrae diagnostics, Medi Mouse		60
Dermatologic Diagnostics		
Melanoma check		100
Circle Training		
	Hotel guests	
Circle training with personal trainer – introduction	2 x 45	98
Afterwards free of charge		
Security deposit for the chip card		20
	External guests	
Circle training with personal trainer – introduction	2 x 45	98
Circle training introduction with a weekly pass		170
Each subsequent week		72
Security deposit for the chip card		20

life medicine HOTEL

	Price in EUR
Basic introductory package	280
Deluxe introductory package	670
Double room	
1–2 nights	121
3–6 nights	116
from 7 nights	111
Single room	
1–2 nights	131
3–6 nights	126
from 7 nights	121
Superior double room	
1–2 nights	127
3–6 nights	122
from 7 nights	118
Hotel suite	
1–2 nights	149
3–6 nights	144
from 7 nights	139

All prices are in Euros per night and person including breakfast and dinner as well as admission to the therapeutic waters and spa world in *life medicine* RESORT. All prices inclusive of taxes and fees and exclusive of spa and overnight fee of EUR 2.00 per night and person.

life medicine SKINCARE

FACE BASIC

	Duration in minutes	Price in EUR
Aroma Classic Visage	60	65

Basic treatment individually tailored to the requirements of your skin. Cleansing, skin analysis, peeling, herbal steam bath, deep cleansing, serum, facial massage, facial mask and finishing care

Hydra Beauté Visage	45	50
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Moisturising treatment for calming and soothing of irritated/sun-stressed skin. Cleansing, skin analysis, serum, facial/cleavage/neck massage, beauty mask and finishing care

Homme Express Visage	45	50
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Special refreshing and revitalising treatment for male skin. Cleansing, skin analysis, peeling, serum, facial and neck massage, facial mask and finishing care

Facial massage	25	25
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Facial lymph drainage	25	28
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Vital facial mask	20	27
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Serum concentrate	08	10
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High frequency treatment	10	10
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FACE SPECIALS

Individually tailored facial treatments comprised of de-compression, cleansing, skin analysis, eyebrow shaping, peeling, aroma steam bath, deep cleansing, serum, facial, cleavage and neck massage, eye care, facial mask and finishing care.

Vitalité Totale Visage	90	95
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To energise and revitalise stressed skin

Stress Release Visage	90	95
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To energise and revitalise stressed, tired and irritated skin

Best Age Beauté Visage	90	100
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To regain firmness, tone and elasticity for demanding skin

Clarté et Brilliance Visage	90	100
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To calm and balance hyperactive, oily or combination skin

Homme Intensive Visage	90	100
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Special treatment of stressed male skin

BODY BASIC

	Duration in minutes	Price in EUR
Full body peeling	30	35

Body peeling using Dead Sea and essential orange oil. Smoothing and refining skin texture, revitalising the skin

Back treatment	45	50
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Cleansing, peeling, steam application, deep cleansing, serum, mask and finishing care

BODY SPECIALS

Individually tailored body treatments comprising de-compression, full body peeling, aroma oil massage, body package and special care.

Vitalité Totale Corps	70	75
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To energise and revitalise stressed skin

Best Age Beauté Corps	70	80
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To regain firmness, tone and elasticity for demanding skin

Pur & Mince Corps	70	80
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Purification and detoxification for a lighter feeling

Stress Release Corps Femme	70	75
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Stress Release Corps Homme	70	75
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To energise and revitalise stressed, tired and irritated skin

Slimming wrap	90	90
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Slimming wrap triple block		240
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Slimming wrap incl. comforting facial massage	90	100
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Slimming wrap incl. comforting facial massage, triple block		270
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MAKE UP

Manicure

Manicure	35	27
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Manicure with varnish	40	31
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French manicure	15	10
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Varnish	05	04
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Hand peeling and shea-butter-honey mask	20	20
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Manicure all inclusive	50	43
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With manicure, hand peeling, mask and varnish

Pedicure	Duration in minutes	Price in EUR
Pedicure with herbal footbath and foot massage	45	33
Pedicure with herbal footbath and varnish	50	37
French pedicure	15	10
Varnish		
Quick pedicure	30	26
With foot peeling, foot massage and varnish		
Pedicure all inclusive	60	50
With pedicure, herbal footbath, foot peeling, foot massage and varnish		
Les Yeux		
Eye treatment	20	22
Cleansing, stimulating energy flow, eye serum, relaxing eye mask and special care		
Dying of eyelashes	15	10
Dying of eyebrows	10	08
Eyebrow shaping	10	06
Dying of eyelashes and eyebrows, eyebrow shaping	25	22
Depilation with hot wax		
Upper lip	05	08
Upper lip and chin	10	12
Bikini zone	15	17
Underarms	15	17
Arms	20	22
Legs up to knee	25	27
Legs, full	35	37
Legs, full and bikini zone	50	47
Chest or back for the gentleman	20	25
Maquillage		
Express everyday makeup	15	17
Exclusive evening makeup	25	27

SKINCARE DAYS	Duration in minutes	Price in EUR
Beauté Femme Totale	135	120
Aroma classic facial treatment, manicure or pedicure with varnish, full body peeling		
Beauté Homme Totale	120	100
Homme Express Visage facial treatment, pedicure with herbal footbath and foot massage, manicure and hand massage		
Beauté Totale	160	160
Vitalité Totale Visage et Corps – facial and body treatment Pur & Mince Visage et Corps – facial and body treatment Best-Age Beauté Visage et Corps – facial and body treatment Stress Release Visage et Corps – facial and body treatment		
Beauté Mince Totale	210	200
Full body peeling, slimming wrap incl. facial massage		

All prices subject to change.